



Dragon's Kind Hearts

Emotional Wellbeing

IB PYP Grade 1

PSPE · Emotional Wellbeing

Name _____ Class _____ Date _____ Score _____ / 14

A Is it kind or unkind? Write each in the right box.

 help a friend	 share a toy	 say please
 grab a toy	 call names	 push someone

 **Kind**

 **Unkind**

B True or false?

Kind words can make others happy.

☐ True ☐ False

We should laugh when someone falls.

☐ True ☐ False

Helping others is kind.

☐ True ☐ False

Saying sorry shows we care.

☐ True ☐ False

C Circle the kind choice.

Your friend is sad. What do you do?

 comfort them	 ignore them
--	---

A friend drops their books. What do you do?

 laugh	 help pick them up
---	---

You break a toy by accident. What do you say?

 nothing	 sorry
---	---

D Write your idea.

Write one kind thing you can do today.



Answer Key: Dragon's Kind Hearts

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For teachers and parents · check your child's work against these answers

A Sorting kind and unkind actions (6 marks)

1. Kind: share a toy, say please, help a friend 2. Unkind: call names, push someone, grab a toy

B True or false about kindness (4 marks)

1. True 2. False 3. True 4. True

C Choosing kind actions (3 marks)

1. comfort them 2. help pick them up 3. sorry

D Writing one kind act (1 mark)

1. I can share my pencils.

Total: 14 marks · Accept any correct, clear answer. Colouring, circling and drawing answers may look slightly different.