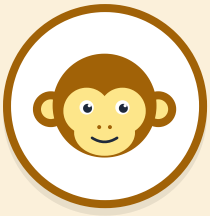

Monkey's Body Boosters

Physical Development | IB PYP Grade 1 | PSPE · Physical Development

Name _____ Class _____ Date _____ Score ____ / 11

A Which body part helps? Match and write the letter.

1	☐	a	run and kick
2	☐	b	watch the ball
3	☐	c	hold and throw
4	☐	d	think and plan

B Circle the right body part.

Which part do we use to kick a ball?

Which part do we use to catch a ball?

Which part do we use to see the ball?

C True or false?

Stretching helps our muscles. True False

A strong body needs rest and good food. True False

Only adults need exercise. True False

D Draw it.

Draw yourself doing your favourite exercise

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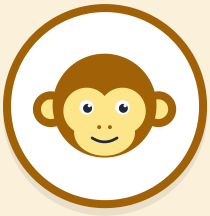

Answer Key: Monkey's Body Boosters

Physical Development | IB PYP Grade 1 | PSPE · Physical Development

For teachers and parents · check your child's work against these answers

A Matching body parts to jobs (4 marks)

1. 1 → a (run and kick)
2. 2 → c (hold and throw)
3. 3 → b (watch the ball)
4. 4 → d (think and plan)

B Choosing the body part used (3 marks)

1. foot
2. hands
3. eyes

C True or false about our bodies (3 marks)

1. True
2. True
3. False

D Drawing exercise (1 mark)

1. Accept any suitable drawing: Draw yourself doing your favourite exercise

Total: 11 marks · Accept any correct, clear answer. Colouring, circling and drawing answers may look slightly different.

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